

## Inhibition of insulin-like growth factor I receptor tyrosine kinase by ethanol

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### Abstract

Ethanol inhibits insulin and insulin-like growth factor-I (IGF-I) signaling in a variety of cell types leading to reduced mitogenesis and impaired survival. This effect is associated with inhibition of insulin receptor (IR) and insulin-like growth factor-I receptor (IGF-IR) autophosphorylation, which implicates these receptors as direct targets for ethanol. It was demonstrated previously that ethanol inhibits the autophosphorylation and kinase activity of the purified cytoplasmic tyrosine kinase domain of the IR. We performed computer modeling of the ethanol interaction with the IR and IGF-IR kinases (IRK and IGF-IRK). The analysis predicted binding of alcohols within the hydrophobic pocket of the kinase activation cleft, with stabilization at specific polar residues. Using IGF-IRK purified from baculovirus-infected insect cells, ethanol inhibited peptide substrate phosphorylation by non-phosphorylated IGF-IRK, but had no effect on the autophosphorylated enzyme. In common with the IRK, ethanol inhibited IGF-IRK autophosphorylation. In cerebellar granule neurons, ethanol inhibited autophosphorylation of the apo-IGF-IR, but did not reverse IGF-IR phosphorylation after IGF-I stimulation. In summary, the findings demonstrate direct inhibition of IGF-IR tyrosine kinase by ethanol. The data are consistent with a model wherein ethanol prevents the initial phase of IRK and IGF-IRK activation, by inhibiting the engagement of the kinase activation loop.

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The interaction of ethanol with intracellular signal transduction pathways has been linked to disturbances in cell proliferation and survival [1]. Such perturbations may play a role in the pathogenesis of certain disorders of tissue and organ function associated with acute and chronic alcohol exposures, including neuronal degeneration, cirrhosis, myopathy, and cardiomyopathy. Maternal alcohol consumption during gestation causes profound disorders of fetal brain development (fetal alcohol syndrome) [2].

IGF-I and insulin induce proliferation and survival in most cell types [3,4]. Pharmacologically relevant concentrations of ethanol inhibit intracellular signaling responses

to IGF-I and insulin, leading to impaired cell growth and survival [5–12]. As a common feature, ethanol inhibits the autophosphorylation of the IGF-I receptor (IGF-IR) and the insulin receptor (IR) [5,6,11–14], which is the initial step in receptor activation following ligand binding. Inhibition of tyrosine autophosphorylation of the platelet-derived growth factor-bb receptor [15] and the FGF receptor [16] have also been observed in certain cell types. By contrast, the EGF receptor and other members of the PDGF receptor family are largely insensitive to these acute actions of ethanol.

The IR and IGF-IR are closely homologous [17], and the repertoire of signaling molecules that are activated by their ligands are remarkably similar [3]. The receptors are composed of  $\alpha$ 2- $\beta$ 2 heterodimers, the individual chains linked by  $\alpha$ - $\alpha$  and  $\alpha$ - $\beta$  disulfide bridges. The extracellular ligand binding domain is constituted on the  $\alpha$  chain, and the tyrosine kinase domain is on the intracellular  $\beta$  domain.

**Abbreviations:** IGF-I, insulin-like growth factor-I; IGF-IR, IGF-I receptor; IGF-IRK, IGF-IR kinase; IR, insulin receptor; IRK, IR kinase; FGF, fibroblast growth factor; IRS-1, insulin-related substrate-1; EGF, epidermal growth factor; PDGF, platelet-derived growth factor.

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Sequence homology is greatest within the tyrosine kinase domain (>80%), and diverges within the carboxyterminal domains, which may account for some of the different functions of the IR and IGF-IR. Notably, IGF-I and insulin principally exert mitogenic and metabolic actions, respectively [18]. Upon ligand binding, the receptors undergo rapid autophosphorylation within the tyrosine kinase domain (Y1131, Y1135 and Y1136 in the IGF-IR and Y1158, Y1162 and Y1163 in the IR). Other tyrosines that are targets for phosphorylation are found within the juxta-membrane and carboxyterminus domains.

The mechanism by which ethanol inhibits the IGF-IR and IR has only been partially characterized. Ethanol inhibits the tyrosine autophosphorylation of IGF-IR within immunoprecipitants [13]. This result suggests that ethanol directly interacts with the IGF-IR, although a role for ethanol interaction with other proteins contained within the IGF-IR immunoprecipitant complex could not be excluded. To address this issue, we tested the effect of ethanol on the activity of the minimally-defined IR kinase (IRK) [19]. Ethanol inhibited the tyrosine kinase activity of soluble GST-IR, both in terms of the phosphorylation of peptide substrate and autophosphorylation. Kinetic analysis of peptide phosphorylation indicated a non-competitive inhibition by ethanol, with a reduction in the  $V_{\max}$  of 21% at 150 mM ethanol. These data suggested that the inhibitory effect of ethanol on this class of receptors is localized to the cytoplasmic kinase domain.

The crystal structures of the IR and the IGF-IR kinases (IRK and IGF-IRK) have been solved [20–24], which has provided insights into their activation dynamics. The IR and IGF-IR cytoplasmic kinase domains are highly homologous with 84% overall identity, and 100% identity within the ATP binding cleft [17]. Indeed, by X-ray crystallography, the root-mean square deviation for the C $\alpha$  atoms of the IR and IGF-IR is 2.5 Å [21]. The kinases are comprised of an N-terminal lobe comprising a five beta-stranded  $\beta$  sheet and one  $\alpha$  helix, and a larger carboxyterminal lobe that is mainly  $\alpha$ -helical. The activation loop (A-loop) is located in the larger carboxy-terminal lobe. ATP binds within the cleft between the two lobes, and tyrosine-containing substrates bind to the carboxyterminal lobe.

The conversion of inactive IRK/IGF-IRK to their active forms involves conformational changes in the protein with a swing-out of the A-loop, thereby allowing access of substrates to the catalytic site [25]. A key regulatory feature of both the IRK and IGF-IRK is that tyrosines within the A-loop (Y1162 for IR and Y1131 for IGF-IR) are bound within the active site, hydrogen-bonded to conserved polar residues within the catalytic loop [20,22]. In the unphosphorylated (OP) state, internal stabilizations prevent phosphorylation of substrates ('gate-closed' configuration) resulting in an autoinhibited state. However, autoinhibition is sufficiently weak to allow for a transient 'gate-open' configuration thereby allowing for

transphosphorylation after ligand binding. Thus, autophosphorylation of the IR and the IGF-IR kinases increases their catalytic efficiencies. Based upon these considerations, it was demonstrated that intermolecular transphosphorylation is required to relieve this steric constraint [21,23,26].

In the current study, we generated a model for the interaction of ethanol with the IR and IGF-IR kinases, which predicts binding of ethanol and higher chain n-alkanols within the kinase activation clefts. To validate this model, we tested the effect of ethanol on the IGF-IRK tyrosine kinase domain. The data demonstrate inhibitory action of ethanol on the IGF-IRK, and are consistent with a mechanism whereby ethanol interferes with the initial phase of kinase activation involving the mobilization of the conserved kinase activation loop.

## 1. Materials and methods

### 1.1. Materials

Synthetic IRS-1 peptide KKEEEEYMMMMG was synthesized by Biosource (Camarillo, CA). [ $\gamma$ - $^{32}$ P]ATP was from DuPont NEN (Boston, MA). Human recombinant IGF-I was from Calbiochem (San Diego, CA). Anti-IGF-IR  $\beta$ -subunit rabbit polyclonal antibodies and anti-phosphotyrosine (PY99) mouse monoclonal antibodies were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Anti-MAP kinase antibodies, anti-phosphotyrosine and phosphothreonine MAP kinase (E10) antibodies, horseradish peroxidase-conjugated goat anti-rabbit IgG, horse anti-mouse IgG antibodies and signal-enhanced chemiluminescence reagents were obtained from New England Biolabs (Beverly, MA). All other chemicals and biochemicals were of the highest purity commercially available.

### 1.2. Expression and purification of IGF-IR kinases

The BAC-To-BAC Baculovirus expression system (Invitrogen; Carlsbad, CA) was used to express the IGF-IR cytoplasmic kinase domain fused to a 6-His tag. cDNA corresponding to IGF-IRK residues 956–1256 subcloned into pFB vector was obtained from Dr. Todd Miller, Stonybrook, NY. IGF-IR was released with *Eco*RI and *Hind*III, and ligated into pFastBac HTc plasmids. Generation of recombinant bacmid, infection of *Spodoptera frugiperda* (Sf9) cells, and purification over NiNTA resin columns were performed according to the manufacturers specifications. Protein were concentrated using Microcon YM-10 centrifugal filter device (Millipore; Bellerica, MA), resuspended in 50 mM Hepes, pH 7.5, and stored at 4 °C. Protein concentration was determined using the Bradford method (Bio-Rad; Hercules, CA).

### 1.3. Peptide phosphorylation

Phosphorylation of IRS-1 peptide was measured using a filter binding assay as described previously [19]. Kinase buffer contained 50 mM HEPES, pH 7.5, 10 mM  $\text{MgCl}_2$ , 2 mM  $\text{MnCl}_2$ , 1 mM peptide, 0.1 mg/ml bovine serum albumin, 50  $\mu\text{M}$  ATP and 70  $\mu\text{Ci/ml}$   $[\gamma\text{-}^{32}\text{P}]\text{ATP}$ . Phosphorylations were performed for 10 min at room temperature. Reactions were started by the addition of 50 nM enzyme. Peptide phosphorylations were linear up to 15 min in all cases. Alcohols were added 15 min prior to the initiation of the reaction. Reactions were terminated by the addition of 10% TCA, and then applied onto 2.1 cm diameter P81 phosphocellulose paper (Whatman; Hillsboro, OR). Filters were washed extensively with ice-cold 0.5% TCA, once with acetone, and dried. Incorporation of  $^{32}\text{P}$  into the peptide substrate was quantitated by liquid scintillation counting.

### 1.4. Kinase autophosphorylation

IGF-IR autophosphorylations were assayed in kinase buffer containing 0.4 mM  $[\gamma\text{-}^{32}\text{P}]\text{ATP}$ . Ethanol was added 15 min prior to the addition of ATP. At the indicated times, the reactions were stopped with Laemmli buffer, and the phosphorylated proteins were visualized by SDS-PAGE and autoradiography. The Coomassie blue stained proteins were cut out, and the radioactivity determined by liquid scintillation counting. For separation of unphosphorylated from phosphorylated kinase, reactions were quenched in 50 mM EDTA and separated by electrophoresis on 10% non-denaturing Tris–HCl native agarose gels (Bio-Rad).

### 1.5. Preparation of cerebellar granule neurons

Rat cerebellar granule neurons were prepared from 7-day-old rat pups as reported previously [7,27]. Briefly, cerebella were cross-chopped, and then treated at 37 °C with 0.025% trypsin-EDTA (including 0.01% DNase I) for 15 min. Cells were triturated and plated at a density of  $1 \times 10^6/\text{cm}^2$  on poly-D-lysine-coated plates in basal medium eagle (BME) containing 10% fetal bovine serum, 25 mM KCl, 100 units/ml penicillin, 100  $\mu\text{g/ml}$  streptomycin, and 0.25  $\mu\text{g/ml}$  amphotericin B. 10  $\mu\text{M}$  cytosine arabinoside was added after 24 h to inhibit non-neuronal replication. Cerebellar neurons were used after 7 days in vitro. Cells were washed 3 times and incubated in BME without serum for 6 h prior to addition of IGF-I.

### 1.6. Immunoprecipitations and Western blot analysis

Cerebellar granule neurons were lysed in ice-cold Triton lysis buffer (50 mM HEPES, pH 7.5, 150 mM NaCl, 1.5 mM  $\text{MgCl}_2$ , 1 mM EGTA, 0.5 mM EDTA, 10% glycerol, 1% Triton X-100, 100 mM NaF, 2 mM  $\text{Na}_3\text{VO}_4$ , 10 mM sodium  $\text{PP}_i$ , 10 mM phenylmethylsulfonyl fluoride,

500  $\mu\text{M}$  AEBSF, 150 nM aprotinin, 1  $\mu\text{M}$  E-64, and 1  $\mu\text{M}$  leupeptin). The lysates were centrifuged at  $14,000 \times g$  for 10 min at 4 °C, and the supernatants collected. For immunoprecipitations, supernatants were diluted with 1 volume of HNTG (20 mM HEPES, pH 7.5, 150 mM NaCl, 0.1% Triton X-100, 10 mM of NaF and 2 mM  $\text{Na}_3\text{VO}_4$ ). Equal amounts of protein (250  $\mu\text{g}$ ) from each sample were immunoprecipitated using 0.4  $\mu\text{g/ml}$  of antibody to IGF-IR, and captured using protein A agarose beads. Immunoprecipitates or cell lysates (30  $\mu\text{g}$  protein) were electrophoresed in 11% denaturing polyacrylamide gels (SDS-PAGE), transferred to Immobilon-P membranes, and visualized by Western blotting. For Western blot analysis the membranes were blocked with 3% BSA and probed with antibodies (1:1000), followed by secondary horseradish peroxidase-conjugated goat anti-rabbit IgG or horse anti-mouse IgG antibodies. Membranes were visualized by enhanced chemiluminescence (Amersham Pharmacia Biotech).

## 2. Results

### 2.1. Modeling of alcohol interaction with IRK and IGF-IRK

The binding of alcohols and water with the IRK and IGF-IR were predicted using the program Dynama [28,29]. The potential is exactly the same as is used in a molecular mechanics program like AMMP [30,31] and corresponds to a strategy using a Monte-Carlo algorithm with importance sampling to evaluate the partition function for the pair of molecules. This program uses an algorithm ( $O(N \lg N)$ ) and Fourier transform to rapidly evaluate a molecular mechanics representation of the interaction energy between two molecules as a function of their relative orientations. The molecular mechanics representation includes terms that represent Van der Waals interactions, charge–charge interactions and reproduces effects of hydrogen bonds and salt bridges as represented in the molecular potential. The protein molecule is kept fixed, and the conformational space of the small molecule probe is explored by running short lengths of molecular dynamics between rotational sampling. It produces two outputs: (1) the locations and relative orientations of energy minima, and (2) a three-dimensional map of the energy. Both of these outputs can be used to visualize the results.

Fig. 1, panel A illustrates structural features of the unphosphorylated IRK. Coordinates were obtained from the apo-form of the IRK without ATP analogue. A hydrophobic crevice is formed by apposition of the N- and C-terminal lobes (hydrophobic amino acids in blue). The activation loop (residues 1149–1179) is highlighted (yellow). Energy minima for the interaction of individual octanol molecules with the apo-IRK were generated and visualized. Calculations performed on the alcohols were



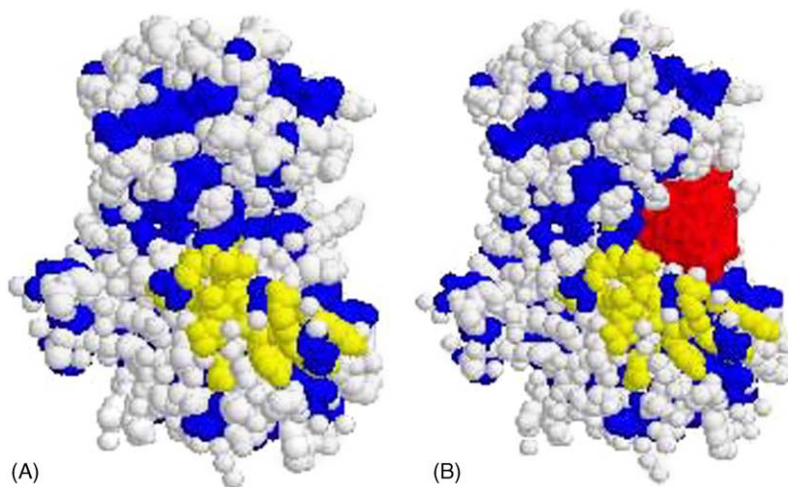


Fig. 1. Dynama modeling of octanol binding to IRK. (Panel A) Spacefill representation of apo-IRK. Blue: Hydrophobic residues; Yellow: Activation loop (aa 1149–1179). (Panel B) Dynama modeling for octanol (red) interaction with IRK.

normalized by dividing with the partition function from the water calculation as described previously [29]. Dynama modeling (Fig. 1, panel B) reveals binding of octanol (red) within the hydrophobic activation cleft.

The interaction of alcohols with hydrophobic domains in diverse proteins is stabilized by interaction of the hydroxyl group with polar moieties via hydrogen bonding [32]. Dynama modeling of the interaction of octanol and hexanol (not shown) with the apo-IRK predicted hydroxyl group hydrogen bonding for Lys1030, Glu1047, and Arg1131 (in the catalytic loop), and Ser1006 (in the nucleotide binding loop). Arg 1136 and Arg 1155 also participate in forming the binding pocket for alcohols.

Dynama modeling of the interaction of ethanol with the apo-IRK and the apo-IGF-IRK was performed (Fig. 2). As in the case of octanol, there was binding of ethanol (blue) within the activation clefts of both kinases. When the calculations were applied to models of the activated kinase in the closed conformation, the locations and values of the energy minima shift. Importantly, the alcohol-binding pocket is lost upon closure of the lobes with activation as manifest by a loss of the minima (not shown).

The binding of alcohols within the hydrophobic pocket of the activation cleft and its stabilization by polar residues suggests a mechanism by which alcohols could inhibit the enzyme. The reaction path for kinase activation proceeds

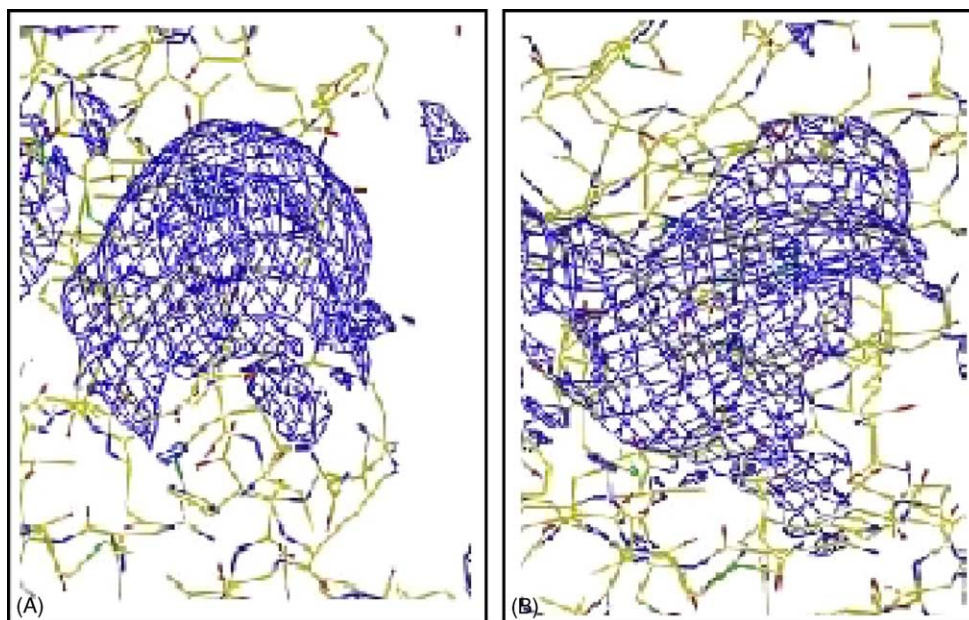


Fig. 2. Dynama modeling of ethanol (blue) binding within activation clefts of IRK (panel A) and IGF-IRK (panel B).

from the apo-form over a transition barrier into the active form. It is difficult to estimate the height of the reaction barrier by calculation, but thermodynamic considerations can be applied to understanding the relative energy levels of the apo- and active forms of the kinase. If the energy level of the apo-form of the enzyme is lowered by alcohol binding to a greater extent than its effect on active conformation, then the alcohol acts like an inhibitor because it shifts the equilibrium towards the apo-form. The results of the calculations on alcohols and the apo-form of the kinase suggest that the enzyme strongly binds alcohols in the apo-form, and the alcohol binding pocket is lost in the active form. In effect, alcohol binding within the activation cleft might shift the A-loop equilibrium towards the inactive 'gate-closed' configuration. Increased alcohol hydrophobicity with longer chain lengths would be expected to further stabilize the inactive enzyme. Two thermodynamic and energetic effects would cause the longer chain alcohols to be better inhibitors. First, there would be an increased interaction energy between the enzyme and the alcohol due to the larger number of atoms that can interact with Van der Waals and other non-bonded interactions. Second, longer chain alcohols are less soluble in water than short chain alcohols, and therefore would be expected to show a much higher hydrophobic effect leading to a higher binding energy.

Taken together, these considerations allow us to predict the following: (1) kinase activity of unphosphorylated kinase would be inhibited by ethanol, whereas autophosphorylated ('gate-open') kinase (which is stabilized by phosphotyrosine and non-phosphotyrosine interactions) would be less sensitive to ethanol; and (2) the potency of inhibition by alcohols will vary directly with hydrophobicity.

## 2.2. Purification of IGF-IRK

IGF-IRK was purified from recombinant baculovirus-infected Sf9 insect cells. Fig. 3 illustrates the time course of IGF-IRK autophosphorylation assayed by  $^{32}\text{P}$ -phosphotransfer. Following a brief lag phase, there was linear radiolabel incorporation for up to 15 min. The calculated molar ratio of  $^{32}\text{P}$  incorporation did not exceed 1 mol phosphate/mol enzyme, thereby suggesting incomplete phosphorylation of the A-loop. Incomplete

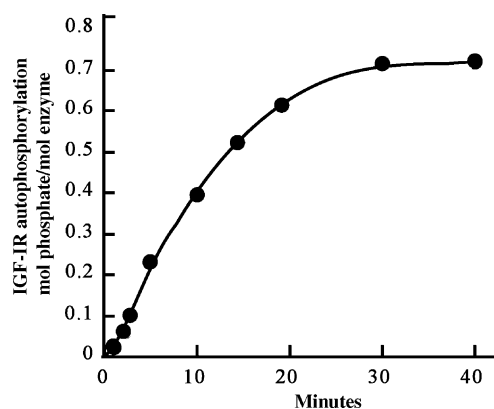


Fig. 3. IGF-IRK autophosphorylation. ( $^{32}\text{P}$ )Autophosphorylation of IGF-IRK (1  $\mu\text{M}$ ) was performed as described under Material and Methods. Samples were taken at the indicated times for SDS-PAGE and the kinase was visualized by autoradiography.

phosphorylation likely represents dephosphorylation activity [21].

To measure the conversion of unphosphorylated IGF-IRK (0P) to mono-, bis-, and tris-phosphorylated forms (1P, 2P, and 3P), the differently phosphorylated forms were resolved by non-denaturing agarose gel electrophoresis (Fig. 4). 1P and 2P forms were evident at 5 min and increased by 20 min, concomitant with a marked decline in the 0P form. A mixture of 1P, 2P, and 3P persisted at 20 min, once again reflecting incomplete A-loop phosphorylation.

## 2.3. Ethanol inhibits kinase activity of apo-IGF-IRK

Based upon the model presented above, we tested the effect of IGF-IRK phosphorylation on its sensitivity to ethanol. Kinase activity was assayed using the IRS-1 peptide KKEEEEYMMMMG [33]. Fig. 5 demonstrates that there was a pronounced increase in kinase activity after autophosphorylation. Autophosphorylation of the 0P enzyme does not occur in the presence of peptide and the low ATP concentrations used in the phosphorylation assay [23]. Ethanol (100 mM), butanol (2 mM), hexanol (1 mM), and octanol (0.1 mM) inhibited the activity of 0P IGF-IRK by up to 25%, but had no effect on peptide phosphorylation by the autophosphorylated enzyme, with the minor exception of octanol. Autophosphorylation of

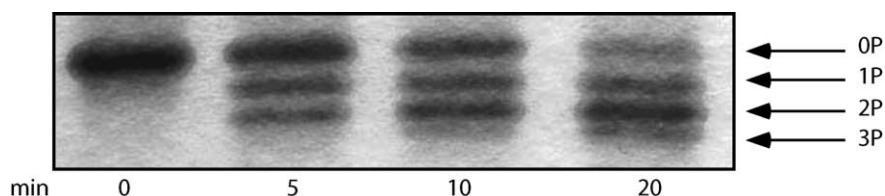


Fig. 4. IGF-IRK autophosphorylation: native gel electrophoresis. IGF-IRK (5  $\mu\text{M}$ ) was incubated with 100  $\mu\text{M}$  ATP. At the indicated times, samples were quenched in 50 mM EDTA and 0P, 1P, 2P, and 3P forms of IGF-IRK separated on non-denaturing Tris-HCl native agarose gels and visualized by Coomassie blue staining.

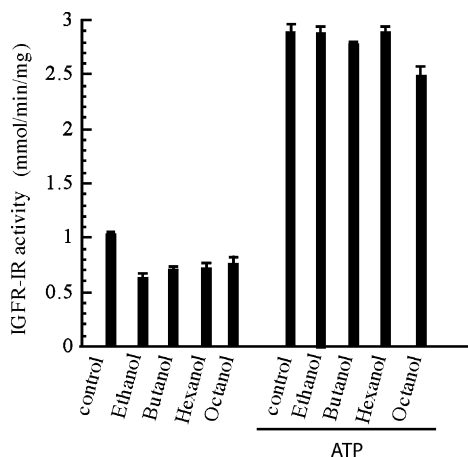


Fig. 5. N-alkanols inhibit non-phosphorylated form of IGF-IRK. IGF-IRK (25  $\mu$ M) was incubated with ATP (0.75 mM) for 30 min. Aliquots of either OP or phosphorylated kinase (50 nM) were then used for assay of IRS-1 peptide phosphorylation assays in the presence or absence of the indicated alcohols (100 mM ethanol, 2 mM butanol, 1 mM hexanol, 0.1 mM octanol). The data represent the mean  $\pm$  S.D. of triplicate determinations from a representative experiment.

GST-IRK induced a 300% increase in kinase activity, and the kinase activity of the phosphorylated IRK was not inhibited by 100 mM ethanol (data not shown). Thus, similar to the IGF-IRK, ethanol inhibited the activity of the OP form of IRK [19].

Ethanol inhibited the autophosphorylation of the IGF-IR kinase (Fig. 6). 50 mM ethanol inhibited IGF-IR autophosphorylation by 8%, and near-maximal inhibition (20%) was observed at 100 mM ethanol, which is similar in magnitude to the effect of ethanol on the IRK [19].

#### 2.4. Inhibition of IGF-IR autophosphorylation in intact cells

The data presented above indicates that the initial phase of IGF-IR autophosphorylation is inhibited by ethanol, whereas kinase activity of the phosphorylated IGF-IR is insensitive. To test whether this occurs in intact cells, we studied the effect of ethanol on IGF-IR tyrosine autophosphorylation in cerebellar granule neurons (Fig. 7). IGF-IR

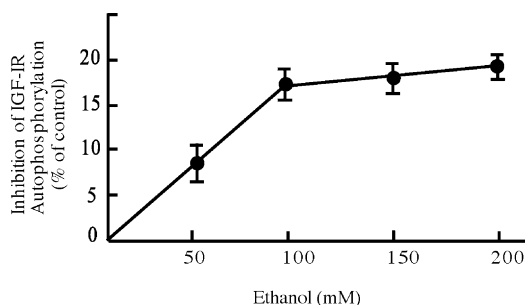


Fig. 6. Concentration dependence of ethanol for inhibition of IGF-IRK autophosphorylation. IGF-IRK (1  $\mu$ M) was ( $^{32}$ P)autophosphorylated as described in Fig. 7 in the absence or presence of the indicated concentrations of ethanol. The data represent the means  $\pm$  S.D. of triplicate determinations from a representative experiment.

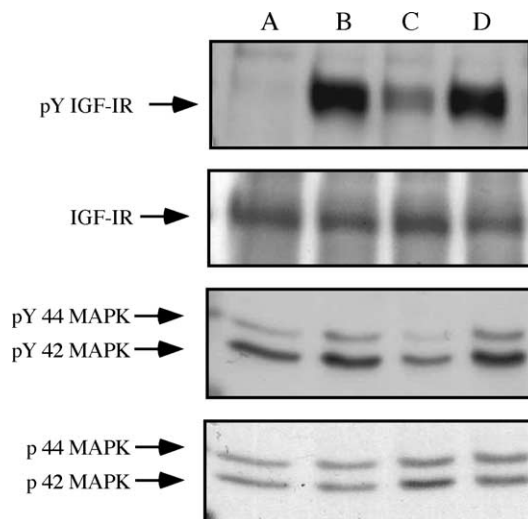


Fig. 7. Ethanol inhibits IGF-IR activation in cerebellar granule neurons. Cerebellar granule neurons were stimulated with IGF-I (20 ng/ml) for 10 min. Lane A: Control without IGF-I; Lane B: IGF-I; Lane C: IGF-I plus ethanol (100 mM) added before IGF-I; Lane D: Ethanol added 5 min after IGF-I. IGF-IR was immunoprecipitated and tyrosine phosphorylation and total content were measured by Western blotting. Lysates were used for visualization of phospho-MAPK and total MAPK.

tyrosine phosphorylation was undetectable after serum starvation. IGF-I induced phosphorylation of the IGF-IR and MAPK, which were markedly inhibited by ethanol. By contrast, ethanol had no effect on the phosphorylation of IGF-IR or MAPK when added 5 min after IGF-I.

### 3. Discussion

Myer [34] originally observed that the anesthetic properties of alcohols and anesthetics correlate directly with their hydrophobic lipid partitioning. The bulk interaction of ethanol with plasma membranes was later conjectured to account for cellular dysfunction, perhaps owing to perturbation of protein function that follows membrane disordering by ethanol. It is now clear that ethanol can also alter the functional properties of an array of proteins following direct hydrophobic interactions at specific sites [32]. It has been demonstrated for several proteins that ethanol accumulates within specific hydrophobic pockets, and there is interaction of the hydroxyl group with polar moieties via hydrogen bonding. N-alkanols can affect the function of purified protein function in vitro. Seminal studies by Franks and co-workers initially demonstrated inhibition of purified firefly luciferase [35,36]. Ethanol interacts with protein kinase C [37], phospholipase A<sub>2</sub> [38], and several ion channels [39,40].

In the current study, we have demonstrated inhibitory action of ethanol on IGF-IRK purified from baculovirus-infected Sf9 cells. Ethanol inhibits the non-phosphorylated (OP) enzyme, but is ineffective against autophosphorylated



kinase wherein exists the ‘gate-open’ configuration of the A-loop. The data are consistent with an ethanol-induced shift in the A-loop equilibrium in the OP form to the ‘gate-closed’ position, thereby reducing transphosphorylation, which is key to the initial phase of autophosphorylation. This view is supported by the finding in intact neurons that ethanol inhibited IGF-IR autophosphorylation and activation of MAPK, but did not reverse these parameters after IGF-I activation. This further suggests that the effects of ethanol are not mediated by activation of tyrosine phosphatases.

This interpretation of these experimental findings is supported by structural modeling, which predicts accumulation of ethanol within the hydrophobic environment of the IRK and IGF-IRK activation clefts, with stabilization by hydrophilic interactions at polar amino acid residues. As for other proteins studied [32], it is unlikely that such alcohol accumulation within the activation cleft alters the structure of the proteins. Rather, for enzymes in particular, alcohols likely stabilize certain conformations of the catalytic activation cycle. Such stabilization might translate to higher substrate  $K_m$ ’s, as was demonstrated previously for the IRK [19]. In the case of the IRK and IGF-IRK, ethanol might inhibit activation loop swing out, or, alternatively, interfere with closure of the hydrophobic adenine binding loop.

Several additional lines of evidence favor direct ethanol interactions with proteins as opposed to bulk membrane disordering: (1) The binding of alcohols to proteins is saturable, indicating weak and unconstrained interactions [32]. Saturability of the inhibition of IGF-IRK by ethanol was observed in this study, and previously for the IRK [19]. (2) Binding and functional effects of alcohols frequently exhibit a ‘cut-off’ at longer chain lengths, indicative of specific binding sites within hydrophobic pockets [39]. We did not observe a cut-off of alcohol inhibition of IRK through dodecanol (R. Rubin, unpublished data). However, by modeling, there do not appear to be any spatial constraints for longer-chain n-alkanols within the hydrophobic pocket considered for the IRK and IGF-IRK. (3) Crystallographic data have identified common motifs within ethanol binding sites [32]. Interaction between a pair of alpha helices appears important. Such sites are found within the hydrophobic adenine binding site of the IGF-IRK and IRK [25]. (4) In addition to hydrophobic interactions, there is an important role for hydrogen bonding in that alkanols displace water, and act as weak  $H^+$ -donors [41,42]. Hydrogen bonding to polar side chains and peptide carbonyl groups occurs, and may affect both interchain and intrachain interactions. (5) A series of studies of alkanol effects on ion channels (e.g. GABA, glycine, acetylcholine,  $K^+$ ), have identified key sites that confer functional sensitivity to n-alkanols. In general, generation of chimeras between sensitive and insensitive proteins, and mutagenesis of key amino acids have confirmed the notion that alcohol binding within hydrophobic pockets is important

for modulation of ion channel activity [43–47]. For example, in a study of GABA receptor activation by ethanol [48] the efficacy of different amino acid mutations correlated directly with the alteration of the volume of the hydrophobic pocket.

While the basal phosphorylation status of the IGF-IR appears to be important for their sensitivity to ethanol, myriad other intracellular and extra-cellular factors undoubtedly influence the global effects of ethanol on insulin or IGF-I signaling. Such factors include  $\alpha$  subunit interactions, membrane sub-domain distribution, receptor complex internalization, receptor transphosphorylation, phosphatase activity, and a host of intracellular binding proteins. Indeed, the sensitivity of a several ion channels and other membrane-associated proteins to ethanol is influenced by phosphorylations and other uncharacterized modifications [49]. In the case of IGF-I signaling, we have characterized subclones of 3T3 cells with overexpression of the IGF-IR that are resistant to ethanol, despite similar expression and basal phosphorylation status [10]. Additionally, in a series of neuronal cell types, there was diversity in the sensitivity of IGF-IR autophosphorylation to ethanol, despite ubiquitous inhibition of MAPK activation in the presence of IGF-I. Whether the insensitivity of the IGF-IR to ethanol under certain conditions is the result of covalent modification of the receptor, or, alternatively, reflects a role for additional proteins, is unknown.

The current findings present a locus within the IGF-IRK that might account for inhibitory actions of ethanol on IGF-I and insulin signaling. We also recently demonstrated that ethanol inhibits FGF-dependent vascular smooth muscle proliferation and autophosphorylation of the FGF-2 receptor [16], which bears close structural homology with the IRK and IGF-IRK within the tyrosine kinase domain [50]. Given the conserved structure of tyrosine kinase domains in general [25], we suggest that the current findings are relevant to other kinases that exhibit sensitivity to ethanol. Interestingly, we have been unable to demonstrate inhibition of epidermal growth factor receptor autophosphorylation by ethanol in several cell types. However, epidermal growth factor receptor kinase activity is one of the few tyrosine kinase receptors that does not require phosphorylation of the activation loop for maximal activity [51].

Xu et al. [52] recently demonstrated that  $IR\beta$  tyrosine phosphorylation is reduced in the cerebella of rat pups in an experimental rat model of chronic gestational ethanol feeding, and reductions in the activation of signaling mediators downstream of the IR, including IRS-1, PI 3-kinase, and Akt kinase, and with impaired neuronal survival *ex vivo*. Whether the acute effects of ethanol on receptor tyrosine kinase activity relates to long-term changes in signaling potential remains to be determined.

Molecular mechanics-based modeling [31] is potentially a powerful mechanism for understanding the relation

between molecular structure and molecular properties. The program used in this work, Dynama, implements this approach via a Fourier transform to speed up the calculations and search a wide range of relative orientations and configurations between two molecules. Example calculations where this potential and this approach have successfully explained or correlated between theory and experiment include a wide range of enzyme systems, including trypsin, HIV protease, RSV protease, and glucokinase [31,53,54]. In these examples correlations between experimental and theoretical results have been as high as 90%, and even when lower, as is more typically the case, are usually statistically significant by a strong margin. One important feature of a program like Dynama is that it generates a map of the distribution of small molecules. This density, or more specifically the difference between the best solutions and the average solutions, results in a qualitative assessment of the range of bound configurations. It is also possible to perform a calculation similar to a cluster integral and to use this calculation to partially normalize the results to treat the effects of solvation.

The use of this approach for understanding the effects of alcohols on the IRK and IGF-IRK is particularly interesting because there appears to be a specific binding effect rather than a general unfolding or denaturing of the protein. Unlike other examples where we have used these approaches [28], the alcohols appear to bind in the active site region of the protein, but do not form a highly ordered complex. Calculations of molecular distributions, rather than of specific complexes, may be an important step to understanding the effects of relatively unstructured binding of alcohols to proteins. Ultimately, the specific interactions of ethanol or higher chain n-alkanols with the IRK or IGF-IRK awaits direct analysis by crystallographic methods.

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